

Prince Edward Island Foraging Sources

The contacts listed below are some of the top foragers on Prince Edward Island who gather, fish and harvest wild edibles, seafood and sea vegetables for their personal use and to supply local businesses with fresh foraged ingredients.

Offering culinary adventures both on land and on the water, Chef Ross Munro guides tours through unique experiences and delicious meals.

Contact: Chef Ross Munro chefross@peiculinaryadventures.ca

Website: http://peiculinaryadventures.ca/package_foragers_dream

Phone: (902)-394-5910

The Shepherd's Farm grows organic produce and holds culinary events including the Farm to Fork Food Adventure featuring farming, fishing, cooking and more.

Contact: Stephen Cousins stephen@shepherdsfarmorganics.com

Website: <http://shepherdsfarmorganics.com>

Phone: (902)-676-2796

Hans Anderegg is the chef instructor at The Culinary Institute of Canada and an authoritative source for culinary experiences in PEI.

Contact: Hans Anderegg handeregg@athigw.athi.pe.ca

Phone: (902) 894-6816

Dr. Irene Novaczek is a foraging expert in PEI. She forages for seaweeds and organic herbs, which she uses to create skincare products and edible preserves.

Contact: (902) 964-2781

Sylvain Cormier is a foraging expert in PEI who spends his days in the forest collecting wild edibles that he supplies to local restaurants.

Contact: Sylvain Cormier secormier83@gmail.com

For more information on PEI foraging and culinary experiences, visit:

Tourism PEI offers a wealth of information about culinary, culture and golf experiences available on Prince Edward Island.

Website: <http://www.tourismpei.com>

PEI Flavours serves as an authoritative guide to information about the food products and culinary experiences and promotional programs on the Island for tourism, consumption and sales.

Website: <http://peiflavours.ca/index.php/whats-in-season/>

Northern Bushcraft offers a guide of the wild edible plants, mushrooms and berries that are available on Prince Edward Island with descriptions and images of what to look for when foraging.

Websites:

Plants:

http://northernbushcraft.com/guide.php?ctgy=edible_plants®ion=pe

Mushrooms:

http://northernbushcraft.com/guide.php?ctgy=edible_mushrooms®ion=prince-edward-island

Berries:

http://northernbushcraft.com/guide.php?ctgy=edible_berries®ion=pe